

# TÉMISCOUATA, CYCLING DESTINATION



Photo: Marie-Josée Dubé



## Boat shuttle

(pontoon boat for pedestrians and bikes)

\$7/person/per one-way crossing, taxes included.  
Children: free if with their family.  
Témiscouata-sur-le-Lac (Cabano) to the Anse à William (park). Park entry fee not included.

Reservations required for departure from the park:  
418-855-5508, ext. 0

**SCHEDULE FROM JUNE 22 TO SEPTEMBER 3, 2018:**  
Leaves the park: 9:30 am, 10:30 am, 11:30 am, 1:30 pm, 3:30 pm, 5 pm  
Leaves Cabano: 9:45 am, 10:45 am, 11:45 am, 1:45 pm, 3:45 pm, 5:15 pm

Additional crossings possible.

Témiscouata-sur-le-Lac  
(CABANO district)

Registration centre / Information

Semi-serviced camping

Crossing (Car) (\$)

Traverse (Pedestrian/Bike) (\$)

Entry fee required at the park.



## M.V. CORÉGONE FERRY

Saint-Juste-du-Lac—Témiscouata-sur-le-Lac  
(Notre-Dame-du-Lac district)

The ferry serves all vehicle categories,  
pedestrians and cyclists. No reservation  
necessary.

Fees and schedule: [traversedutemiscouata.com](http://traversedutemiscouata.com)

Témiscouata-sur-le-Lac  
(NOTRE-DAME-DU-LAC district)

PETIT-LAC-TOULADI  
VISITORS CENTRE

To  
Squatec

To find out about the  
region's attractions,  
pick up the  
brochure!



[tourismetemiscouata.qc.ca](http://tourismetemiscouata.qc.ca)  
[mrctemiscouata.qc.ca](http://mrctemiscouata.qc.ca)

GRAND-LAC-TOULADI  
VISITORS CENTRE

### 1 ROAD CYCLING | 26 KM

Winding, hilly route (paved, shared roads)

### 2 GREY-OWL TRAIL | 5.5 KM

Bike path (stone dust)

### 3 BIKE FROM SHORE TO SHORE | 24 KM

Loop trail

Suggested route:

- Take the boat shuttle from the Cabano district in Témiscouata-sur-le-Lac to the park (Anse à William)
- Bike the multi-user Grey-Owl trail (5.5 km on stone dust)
- Cross the footbridge over Rivière Touladi, then continue on Chemin du Lac (6 km on asphalt and gravel; hilly; shared road)
- Board the M.V. Corégone ferry to go to the Notre-Dame-du-Lac district
- As you leave the ferry, turn right onto the bike trail (stone dust) and continue 12.5 km to the starting point

### 4 PETIT TÉMIS / ROUTE VERTE #8 | 91 KM

Interprovincial trail (stone dust)

Bike path, southern portion | 63 km

From Témiscouata-sur-le-Lac (Cabano) to Dégelis | 28 km

### 5 CIRCUIT CYCLOSPORTIF | 55 KM

Old Route 185 (paved, shared roads)

DE LA PASSERELLE  
VISITORS CENTRE

St-Juste  
Sector  
Entrance

295

To  
Dégelis

DES GRANDS-PINS  
VISITORS CENTRE

To Edmundston (N-B)